KRTT Adult Combo
Two-Man-Back Doubles Formation

Goal: To defend against a good server, a serve and volleyer and or a good net poacher.
To be able to capture the net

Defensive and neutral Tactics for two man back :

1. Hit a minimum of 4 balls in a row (play neutral and defensive to force an error)
2. Hit down the middle (backhand deuce side preferable).
3. Hit higher balls if opponents are close to the net. Don't hit low balls when they are close to the net to avoid low, short angled balls.
4. Hit the ball at their feet when the team is back on the service line.
5. Advance pattern: Hit 2 shot combination—hit one low then high or vice a versa.

Offensive Tactics for two man back

1. Wait for and attack a short ball and come to net..
2. Go to the net after you hit a good lob (over backhand side or over their head) .
3. Use the defensive and offensive lobs to strategically get the other team off the net.

Tactics for the two man up

1. Stay consistent with your volleys and overheads until you can hit a short volley or short angle volley and or overhead.
2. Hit neutral and defensive volleys and overheads to deuce side backhand to ~~get~~ cut down some angle.
3. Set up team court position on the service line to protect from being lobbed. Remember don't get beat from their lobs. This is one of the major ways your opponents will score.